



Upriver Youth Leadership Council
"Empowering our youth to create a healthy, drug free community"
Meeting Agenda
8/24/2022 4:30 pm Teen Center

- Meeting Called to Order
- July Minutes

Presentation

- Kamiah Kiwanis

Work Session

- Harm reduction Strategies-Caitlyn Rusche, North Central Public Health
- YAB Members-Idaho Youth Leadership Conference in Orlando
- YAB Monthly Report

Old Business

- Special Projects Updates
 - CACFP-Amy/Sharlene
 - Skate Park-Sharlene
 - Community Garden-Amy/Leah
 - Website-Amy/Sharlene
- School Open House
 - Kamiah
 - Kooskia
- BBQ Days Youth Zone-Leah York
- DFC Site Visit

New Business

- 2022 Strengthening Families-Amber Hoodman
- Family Dinner Night-Amy/Sharlene
- Overdose Awareness Day-Amber Hoodman
- Recovery Month-Amber Hoodman

Reports

- Teen Center Update-Chris Cearely
- Tele Health Report-Written
- Recovery Committee-Amber Hoodman
- Financial Report-Written

Grant Updates

- Pending Grants-Sharlene
 - DFC new 5 year Awarded \$125,000/year x 5 years
 - NPT Ed Grant Not funded (Garden to Table) \$10,000
 - Building Communities of Recovery -Submitted \$300,000/year x 3 years
 - SPF-PFS- Submitted \$375,000/year x 5 years
 - Community Programs Continuation Awarded \$750,000.

Other Committee Updates (if any)

- Recovery
- Breakfast
- Youthfest
- National Night Out
- BBQ Days Youth Zone
- RRW Mock Car Crash
- Missoula Children's Theater
- Olde Fashioned Christmas
- Skate Park
- Pump Track

Next Meeting:



Drug-Free Communities Site Visit Report
Upriver Youth Leadership Council
NH28CE002477

SITE VISIT START DATE: August 15, 2022

END DATE: August 15, 2022

DATE SUBMITTED: August 22, 2022

SUBMITTED BY: Tabatha Vassey

I. RECIPIENT PARTICIPANTS:

- Sharlene Johnson, UYLC Executive Director
- Kelly Lineberry, UYLC President & Fiscal Agent, The Life Center
- Mayor Betty Heater, City of Kamiah
- Chief Terry Cochran, Cottonwood Police Department
- Cody Wilkinson, Population Health Director, St. Mary & Clearwater Valley Clinics & Hospitals
- Kama Payton, Clearwater Valley High School Secretary
- Heather Becker, Clearwater Valley Jr High and High School Principal
- Abraham Broncheau, Nez Perce Tribe Students for Success
- Terry Law, UYLC Board Member, Kamiah High School Homeless Liaison
- Chantel Stamper, UYLC Teen Center, Parent
- Lara Smith, Clearwater Progress and Idaho County Free Press, Parent
- Norma Staaf, Clearwater Progress and Idaho County Free Press
- Misty Grant, UYLC Staff, Recovery Committee
- Christine Cearley, UYLC Youth Program Coordinator
- Carrie Wiley, UYLC Secretary, Recovery Committee, Parent
- Sandy Russo, UYLC Board Member
- Leah York, K-6 After School Program
- Liz Aragon, UYLC Member, Parent
- Emily Terpsma, UYLC Teen Center, Parent

Youth Advisory Board Members

- Daisy Bower, YAB President
- Reesa Loewen, YAB Secretary
- Alexa Davy
- Hope Michelson
- Caleb Ekah
- Autumn Korpenay
- James Aragon

II. CDC PARTICIPANTS:

- Tabatha Vassey, Assigned DFC Project Officer

- Jason Stanford, DFC Project Officer
- Brenton Guy, DFC West Team Lead
- Karen Voetsch, DFC Branch Chief
- Grant Baldwin, Director DOP
- Amy Peeples, Deputy Director NCIPC

III. PURPOSE OF VISIT:

The Centers for Disease Control and Prevention (CDC) supports the Office of National Drug Control Policy (ONDCP), Executive Office of the President, in administering the Drug Free Communities (DFC) Support Program. At CDC, the DFC Program sits within the National Center for Injury Prevention and Control's (NCIPC) Division of Overdose Prevention (DOP).

Site visits are an important strategy in assisting over 800 DFC/CARA grant recipients nationwide. These visits help improve the operational working relationship between CDC and DFC/CARA recipients and coalitions; confirm and validate appropriate utilization of DFC/CARA grant funds through observation and review of existing documentation; identify and document barriers and indicators of success; identify focused, evidence and practice-based strategies to achieve deliverables; and address fiscal and programmatic needs. The purpose of the site visit with Upriver Youth Leadership Coalition, award number NH28CE002477, was to:

- A. Learn more about the recipient's community and needs.
- B. Learn about the coalition and their efforts.
- C. Explore ways DFC can support the work of the coalition.
- D. Identify innovative strategies, policies, and practices that can be shared nationwide.
- E. Confirm compliance with DFC requirements.
- F. Provide technical assistance (TA) to address specific programmatic and financial topics related to substance abuse prevention strategies.

IV. EXECUTIVE SUMMARY:

The site visit was conducted virtually over the course of 2.5 hours. The visit consisted of a coalition and Youth Advisory Board (YAB) overview, community overview, program discussion, CADCA discussion, and fiscal discussion.

Located in the geographically frontier region of Idaho, the Upriver Youth Leadership Council (UYLC), serves the Kamiah School District and the community of Kooskia. Established and incorporated in February 2017, the UYLC was created to address the community's prevalent drug and alcohol problems, particularly in youth. It has since established and strengthened community partnerships and collaborations to build a prevention infrastructure to reduce youth substance use through the promotion and establishment of protective prevention practices.

Coalition and YAB Overview

UYLC focuses on alcohol and marijuana prevention among youth by empowering youth and adults to build a healthier community through prevention leadership. The primary goals of UYLC are to foster

leadership and resilience skills in the community youth; prevent youth substance use initiation; and build a collaborative, sustainable community-wide prevention infrastructure.

UYLC has a highly active Youth Advisory Board (YAB) who are making positive impacts in the community and schools. They complete a multitude of activities throughout the year to include the distribution of backpacks with substance abuse prevention information inside, plan pro-social activities, help the elderly and disabled with yard work, serve as the advisory board for the UYLC Teen Center, create prevention videos and ads, and host Red Ribbon Week in their school.

Community Overview

The population of Kamiah is approximately 4,600 and is located on the Nez Perce Indian Reservation with 8% of residents being Native American, 86% Caucasian, and 6% Hispanic. There is Tribal representation and participation in the program without a separation of populations in the community.

The UYLC service area faces many challenges such as poverty, lack of transportation, shortage of available jobs, and a need for positive social activities. The largest sources of employment are the school or grocery store and 9.5% of the community are homeless. Up until recently, 100% of students in the Kamiah school district received free or reduced lunch. There are no building codes and kids are found to be living in cars, old trailers, abandoned buildings and sheds. The homeless kids are provided with showers and food at the teen centers and the school recently started a hygiene program due to bullying. There are no homeless shelters within 75 miles of the area and no Social Services; however, there is a local contract with Telemental Health to provide services.

Program Discussion

During the program discussion, four topics were highlighted: Action Plan Review, Programmatic Successes, Barriers, and Looking Back: 5-year review.

Action Plan-The action plan discussion was based around how it has changed over the last 5 years and what will be changed for the upcoming year. Due to the COVID pandemic, the action plan had to be adjusted in response to school closures and restrictions. However, the activities planned for the first 5 years still need to occur in the future with adjustments as needed for progression. The only significant change as they move into years 6-10 will be the removal of the tip line due to being unfeasible and the addition of Al-Anon/Alateen as an alternate source for anonymous tips in the community. There is also hope for an increase in party patrols and work in the school district which were previously impacted due to the pandemic.

Programmatic Successes- The UYLC had numerous programmatic successes throughout the past 5 years which have led to significant changes in the community and a positive ripple effect among neighboring communities. Aside from their very successful and exemplar Youth Advisory Board, UYLC has two Teen Centers that provide a safe and substance free place for teens to be social. The Teen Centers also host Tween Time and Mini YAB for the younger populations, leading a multitude of daily activities to keep them engaged. At the Teen Centers, youth learn refusal skills, how to make better choices, and participate in a Junior Career Class with guest speakers who discuss their careers and career paths.

Further programmatic successes discussed were the Safe Homes Campaign, Recovery Services Program, Strengthening Families, and Botvin LifeSkills.

- Safe Homes Campaign- This campaign is a pledge to keep the home safe and free of parties or bad behavior.
- Recovery Services Program- A Recovery sub-committee was established with the coalition. The program has a recovery coach and offers recovery support services, and the provision of DeTerra, lock boxes, and Naloxone.
- Strengthening Families Program- The Strengthening Families Program was provided using a cohort method to reduce risk factors by increasing the strength factors that deter youth substance abuse and depression.
- Botvin LifeSkills- Botvin Life Skills is taught to all students in grades K-12 in both school districts as part of their substance abuse prevention curriculum.

Barriers-

UYLC presented with barriers directly related to COVID and the hindrance of social activities, loss of youth engagement, increase in youth substance abuse, and complicating the ability to provide food to children. Additionally, it was found that the faith-based community do not engage as much as they could. There is a small number of churches or members of the congregation who do engage which causes some frustration.

Looking Back: 5-year review- During this discussion we reviewed highlights over the last five years to determine biggest successes and struggles, knowledge they wish they had in the beginning of the grant, and advice they would give new recipients. It was said that there were too many successes to name a favorite and their biggest struggle revolved around COVID. They felt that they had what they needed as far as resources and training opportunities and understand that translating a grant into programmatic activity can be difficult. Their suggestions for new recipients were to keep and create partnerships, find and use resources that are available to them, follow action plans, and to never quit.

CADCA

Some members of YAB were able to attend CADCA's weeklong training in Boise where they enjoyed and learned from the sessions. They were able to create action plans, logic models, and elevator speeches geared toward influential people in the community. They also had the opportunity to learn about equity and equality and how to better serve the community.

Sharlene had the opportunity to attend CADCA Mid-Year and was able to provide great suggestions to help gear the sessions toward a broader audience. One excellent suggestion was to arrange and label classes for both newcomers and veterans of the program to ensure that each person is getting the applicable training for their current knowledge base. It was also suggested to provide more opportunities for rural communities to attend sessions geared toward their regions' unique community issues, stigma, and overcoming barriers.

Fiscal Discussion

No reported issues or concerns were presented. Recipients do not anticipate having carryover funds for Year 6. The GMS was not in attendance; therefore, the recipient was instructed to reach out to GMS for any fiscal questions or concerns.

V. STRENGTHS (INNOVATIVE/PROMISING PRACTICES):

The Upriver Youth Leadership Council demonstrated several strengths throughout the site visit. The coalition has an overall positive impact on the community and surrounding areas. They have proven their capability of sustainment through their ability to acquire outside sources of funding and match funds. Currently, UYLC has 19 grants (federal, state, and private) and two annual fundraisers that provide monetary support. For further sustainability, their community provides a source of match due to being generous with time, resources, and funding when there is a call for assistance. They have excellent community buy-in and a very strong Youth Advisory Board that is innovative, exemplary, and important to their grant. There remains a mean for sustainability through the comprehensive work that the YAB do within their community and schools. With their ability to plan fundraisers and activities, promote substance use prevention in the school setting, volunteering within the community and Teen Centers, and their ability to produce prevention articles and social media messaging; they have proven to be a great asset to their coalition and their community.

VI. WEAKNESSES/OPPORTUNITIES FOR IMPROVEMENTS:

The Upriver Youth Leadership Council provided information regarding a few weaknesses and opportunities for improvements. These included the need for further relationship building with the faith-based community and technical assistance needs regarding mental health resources and further LGBTQ+ outreach resources. No further items were identified by the Project Officer.

VII. RECOMMENDATIONS:

Overall, Upriver Youth Leadership Council is doing great in meeting fiscal and programmatic deadlines. There are no reported concerns or problems from the DFC Project Officer. The following action item recommendations are proposed following the site visit:

- A. The coalition will send all fiscal-related questions or concerns to their GMS, Dervin Capers. The coalition will copy the Project Officer on emails for awareness purposes.
- B. The coalition will consult with the Project Officer to determine technical assistance needs, establish meetings, and connect with other DFC recipients for resource discussions.

Should there be any questions or comments regarding the content of this report, including possible points of corrections, please contact Project Officer, Tabatha Vassey, at qxj8@cdc.gov or 770-488-6775.

Teen Center Report

August, 2022

Attendance:

Kamiah Teen Time: 22 average
Kamiah Tween Time: 12 average

Kooskia Teen Time: 3-5 average
Kooskia Tween Time: 3-5 average

Daily Activities included: Dragon Fire Experiment, Indoor Bowling, DIY Duck Call, Create your own Ice Cream Sundaes, DNA Molecules, Bracelet Making, Leather Earrings, Metal Stamping, Apple Annihilator, Calligraphy, Minute to Win It Tournament, Ultimate Frisbee, No Sew Blanket

Trips, Outings, Events:

Mudder Run in Lewiston
Luau for Last Day of Tween Time
Float Trip
Family Bowling Night

Upcoming Events/Activities:

BBQ Days
Back to School Night
Trampoline Park
Tree to Tree

Professional Development for Staff:

Power Up Conference end of September provided by Idaho Out-of-State Network (Pocatello)
Civil Rights Training
Mandatory Reporting

Other:

- Window was repaired at Kooskia Center
- New Ping Pong Tables were installed at both Centers

- Back room in Kamiah will be used as a Tutoring/Homework Center - Chris and Leah will provide tutoring Monday - Thursday 4:00-5:00 at the Kamiah Center.
- Kooskia Days was a big success!
- After School Program (summer program ended) - Celebrations!
- We currently have 7 Teen Staff members.
- Hours will be adjusted for the start of school
- New Air Hockey Table on the way
- Piano will be moved to Kooskia
- Inventory of all equipment/supplies/materials will begin
- Carpets to be replaced in Kamiah
- Beginning bi-weekly Teen Center Staff meetings

UYLC Recovery Report:

In July we had a family trip to Silverwood and took 129 people! We did a Safe and Sober Family Campout at Lolo Creek and had 16 people in attendance. So far in August, we have done a float from Kooskia to Kamiah and had a barbeque in the park afterwards and had 16 people attend that as well. We also had a safe and sober family campout at Fraser Park and had 13 people attend that. We have a Drive-In Movie set for August 27th at dark at Teds Valley Auction and YAB will be fundraising by selling slushies and popcorn. We have an Overdose Awareness Day Event coming up on August 31st, from 5-7pm. We will have a speaker, Naloxone Training, barbeque, and finish the evening off with canvas art by painting our handprints on a large canvas and writing the names of our lost loved ones in the handprints.

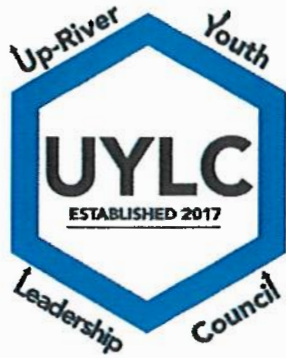
September Events so far are, Family Bowling Night on the 15th from 5-9pm at Riverside Lanes in Orofino, and our annual Recovery Month Celebration on September 30th, which will include speakers, vendors, information booths, live music, and bouncy houses for the kids.

Our numbers for people coming in seeking recovery support and assistance for recovery needs continue to grow rapidly! It is so exciting to see the want for recovery in our little community that needs it so bad.

UYLC Family Resource Report:

We continue to have a steady stream of people coming in for assistance. We help with everything from clothing and food, to referrals for rental assistance, job searches, assistance filling out applications, such as medicaid, housing, food stamps, and any other services that may be needed. If we can't provide a service, we refer to someone who can! If you know someone in need, please send them our way. We are always here to help, and to make the lives of those in our community a little bit easier.

We will begin fall Strengthening Families classes on September 14th from 6:00-8:30pm and it continues every Wednesday for 14 weeks. We will be teaching two age groups, 6-11 year olds will be at KMS and 12-16 year olds will be at CVHS.



Upriver Youth Leadership Council
"Empowering our youth to create a healthy, drug free community"
Board Meeting minutes
7/11/2022 4:30 pm UYLC Office
1-605-472-5349
*297053

Meeting Called to Order @ 4:03 pm with Kelly Lineberry, Carrie Wiley, Sharlene Johonson, Tery Law, and Sandy Russo present

June Minutes accepted as presented

Old Business

Special Projects Updates

Sharlene states that the kitchen is done.

Sharlene states that the K-6 Summer School Program is going great. There are 25 plus in attendance daily. feeding them 2x a day.

Sharlene states that the CV Teen Center numbers are very low. Tery suggests that we reach out to parents.

Sharlene states that the Counselor services are going well with 25 people currently receiving services.

Sharlene states that she would like tjo request for the Skate Park to be moved over 25 feet which would negate the need for approval from the church.

Sharlene states that PRIDE Survey results are back

Sharlene states that the Community Garden has water installed, electricity is in, and the shed is up.

Sharlene states that they are working on content for the Website

Sharlene states that the Fundraiser Breakfast will be held on wednesday. there are 160 people coming.

Sharlene states that the backpacks have been ordered with school supplies for the school Open House . the cost is 35k

DFC Site Visit will be August 15th via Zoom and Sharlene will send out the invite. meeting will be from 10 to 12:30 pm

New Business

Sharlene states that CV teen center has a lot planned for Kooskia Days and hopes that will bring more people in.

The Community Programs Payment has an extra 250k for the summer program

Sharlene states that we have purchased a Covered Trailer to haul equipment, bikes, and kayaks.

Reports

Teen Center Updates- as previously stated numbers are low in CV but great in Kamiah.

Recovery Committee- meeting has been rescheduled

Financial Report- in packet

Grant Updates

- Pending Grants
 - DFC new 5 year Submitted \$125,000/year x 5 years
 - NPT Ed Grant Submitted (Garden to Table) \$10,000
 - Building Communities of Recovery -Submitted \$300,000/year x 3 years
 - SPF-PFS- June 13th \$375,000/year x 5 years
 - Community Programs Continuation \$750,000 3 quarters.

Next Meeting: scheduled for August 22nd at 4:00 pm

tery motioned to adjourn, Sharlene 2nds, meeting adjourned at 5:09 pm

Meeting minutes respectfully prepared by Carrie Wiley, UYLC Secretary

**Kamiah Teen Center@405 Main Street
Transportation from Kooskia Teen Center Provided**

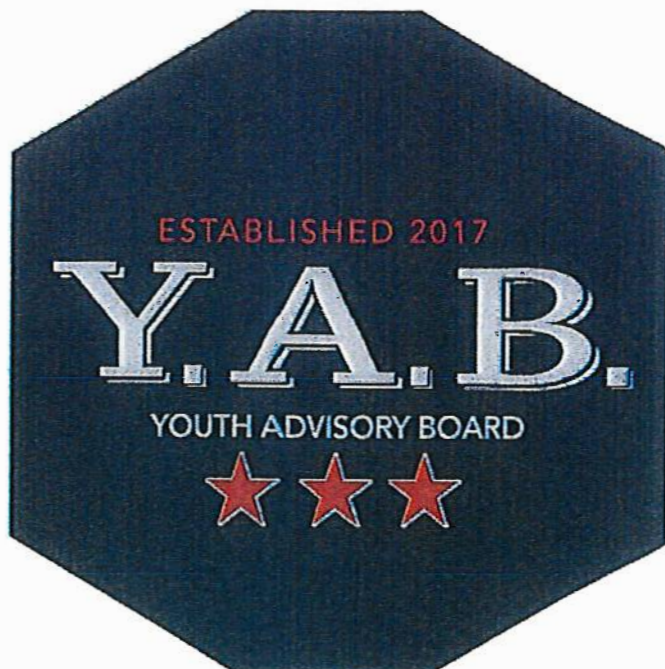
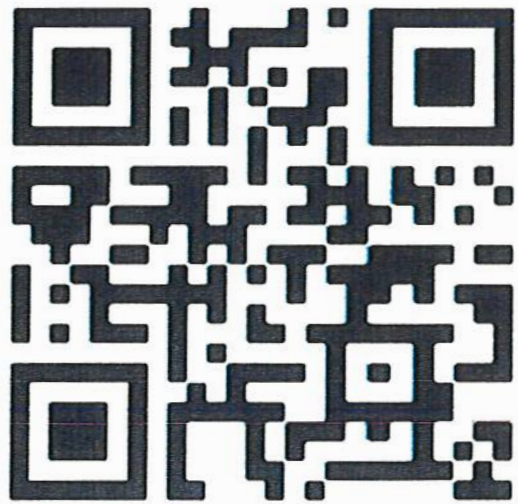
WE INVITE YOU TO JOIN YAB!

CHECK US OUT ON SEPT 6TH

**WHO: 7-12 GRADERS IN
KAMIAH OR KOOSKIA**

**WHAT: A YOUTH-LED
COMMUNITY SERVICE
GROUP THAT PROVIDES
ACTIVITIES FOR THEIR
PEERS.**

**WHEN: SEPT. 6TH. 6PM.
(FREE PIZZA)**



WHY JOIN?

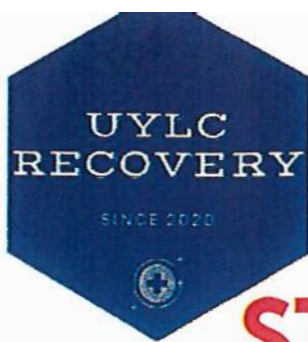
TRAVELING

**LIFETIME EXPERIENCES
LEADERSHIP SKILLS**

**GREAT FOR RESUMES AND
SCHOLARSHIPS**

MEET NEW PEOPLE

QUESTIONS? YABDAISYBOWER@GMAIL.COM OR CALL 208-743-0392



STRENGTHENING FAMILIES

*14 week program
we will be running two groups*

*Families with children ages 6-11
and*

Families with children 12-16

**Families who attend all classes will receive a
\$100 Christmas shopping spree!**

**WEDNESDAYS, BEGINNING ON
WEDNESDAY SEPT. 14TH, 2022**

6:00 PM- 8:30 PM

6-11@ KMS AND 12-16@ CVH



*Dinner is provided each night!
Childcare Provided for children that don't
meet age requirement for classes.
Transportation provided or mileage
reimbursement available.*

For more info:

*Amber at UYLCRecovery@gmail.com
208-743-4894*

Kamiah Referral Report

Caitlin Densberger <intake@abmhealthservices.com>

Fri, Aug 5, 2022 at 8:25 AM

To: Patrick Fithen <patrickf@abmhealthservices.com>, Michael Cooper <michaelc@abmhealthservices.com>, upriverylc@gmail.com

Cc: Kai McMinn <kaim@abmhealthservices.com>

Hello,

Please see below for the report for July. If you have any questions, please let me know.

Month: July

Referral #'s for month: 1

Intake #'s: 1

Current # Youth being served: 5

Current # Adults being served: 3

Current # Families being served: 7

Best,
Caitlin



A BODY & MIND
HEALTH SERVICES, LLC



Caitlin Densberger | Intake Coordinator

509 S. Middleton Rd. | Middleton, Idaho 83644

148 South Cole Road | Boise, Idaho 83709

213 N Main Street Suite 1B | Moscow, Idaho 83843

208.683.8320

intake@abmhealthservices.com | www.abmhealthservices.com

CONFIDENTIAL COMMUNICATION

This electronic message and any attachments are intended only for the use of the addressee identified above and may contain information that is privileged, confidential and prohibited from disclosure under state and federal law, including the Health Insurance Portability and Accountability Act ("HIPAA"). If you are not an intended recipient, or the employee or agent responsible for delivering this e-mail to the intended recipient, you are hereby notified that any dissemination, distribution or copying of this communication is strictly prohibited. If you received this e-mail message in error, please immediately notify the sender by replying to this message or by telephone. Thank you.

12:43 PM

08/19/22

Cash Basis

UPRIVER YOUTH LEADERSHIP COUNCIL
Profit & Loss by Class
July 2022

	21 Century	Community Program	DFC YR 4	General	Innovia	Optum
Ordinary Income/Expense						
Income						
Fundraiser	0.00	0.00	0.00	9,669.00	0.00	0.00
Donation	0.00	0.00	0.00	110.00	0.00	0.00
Grants	0.00	0.00	0.00	2,574.00	0.00	0.00
Vending Machine	0.00	0.00	0.00	0.00	0.00	0.00
Total Income	0.00	0.00	0.00	12,353.00	0.00	0.00
Expense						
Advertising	0.00	149.62	38.00	0.00	0.00	0.00
Mileage	0.00	231.66	0.00	0.00	0.00	20.48
Contract Labor	0.00	1,507.50	0.00	0.00	0.00	0.00
Bank Charges	0.00	0.00	0.00	20.00	0.00	0.00
Cleaning & Maintenance	15.00	0.00	0.00	0.00	0.00	0.00
Dues & Subscriptions	0.00	105.01	0.00	0.00	0.00	0.00
Fuel	1,213.81	50.55	0.00	0.00	0.00	0.00
Fundraiser Expenses	0.00	0.00	0.00	0.00	0.00	1,058.26
Gifts	0.00	0.00	0.00	800.00	0.00	0.00
Insurance	823.00	0.00	0.00	0.00	0.00	0.00
Licenses & Permits	0.00	556.91	0.00	0.00	0.00	0.00
Meals	163.23	3,857.17	0.00	208.35	0.00	246.96
Office Supplies	0.00	58.19	39.54	0.00	0.00	0.00
Payroll Expenses						
FICA	430.32	2,257.27	548.48	0.00	0.00	0.00
Wages	5,624.89	29,506.91	7,170.00	0.00	0.00	0.00
SUTA	38.87	203.86	49.54	0.00	0.00	0.00
Payroll Expenses - Other	0.00	0.00	0.00	0.00	0.00	0.00
Total Payroll Expenses	6,094.08	31,968.04	7,768.02	0.00	0.00	0.00
Postage	0.00	0.00	50.92	120.00	0.00	0.00
Professional Fees	142.00	350.00	250.00	0.00	0.00	0.00
Rent - Building	1,100.00	550.00	0.00	0.00	0.00	0.00
Rent - Equipment	0.00	1,475.05	0.00	0.00	0.00	0.00
Repairs & Maintenance	62.41	202.40	0.00	0.00	0.00	0.00
Supplies	0.00	5,425.43	0.00	46.05	0.00	0.00
Telephone	16.64	0.00	16.64	0.00	0.00	0.00
Training	799.16	0.00	0.00	0.00	0.00	0.00
Travel	0.00	12,477.88	0.00	0.00	0.00	0.00
Utilities	367.20	572.14	0.00	0.00	0.00	0.00
Vending Supplies	0.00	0.00	0.00	0.00	0.00	0.00
Website	0.00	6,435.00	0.00	0.00	0.00	0.00
Youth Activities Expenses	0.00	15,530.44	0.00	0.00	2,471.00	0.00
Total Expense	10,796.53	81,502.99	8,163.12	1,194.40	2,471.00	1,325.70
Net Ordinary Income	-10,796.53	-81,502.99	-8,163.12	11,158.60	-2,471.00	-1,325.70
Net Income	-10,796.53	-81,502.99	-8,163.12	11,158.60	-2,471.00	-1,325.70

12:43 PM

08/19/22

Cash Basis

UPRIVER YOUTH LEADERSHIP COUNCIL
Profit & Loss by Class
July 2022

	Recovery Committee	Recovery Grant	Skate Park	STOP Act	Teen Center	Vending
Ordinary Income/Expense						
Income						
Fundraiser	0.00	0.00	0.00	0.00	0.00	0.00
Donation	40.00	0.00	70.00	0.00	0.00	0.00
Grants	0.00	5,576.34	0.00	0.00	0.00	0.00
Vending Machine	0.00	0.00	0.00	0.00	0.00	354.88
Total Income	40.00	5,576.34	70.00	0.00	0.00	354.88
Expense						
Advertising	0.00	0.00	0.00	190.00	0.00	0.00
Mileage	0.00	0.00	0.00	0.00	0.00	0.00
Contract Labor	0.00	0.00	0.00	0.00	0.00	0.00
Bank Charges	0.00	0.00	0.00	0.00	0.00	0.00
Cleaning & Maintenance	0.00	0.00	0.00	0.00	0.00	0.00
Dues & Subscriptions	0.00	0.00	0.00	0.00	15.49	0.00
Fuel	0.00	50.56	0.00	0.00	0.00	0.00
Fundraiser Expenses	0.00	0.00	0.00	0.00	0.00	0.00
Gifts	0.00	0.00	0.00	0.00	0.00	0.00
Insurance	0.00	0.00	0.00	0.00	0.00	0.00
Licenses & Permits	0.00	0.00	0.00	0.00	0.00	0.00
Meals	0.00	260.96	0.00	26.71	0.00	202.72
Office Supplies	0.00	0.00	0.00	39.54	61.23	0.00
Payroll Expenses						
FICA	0.00	150.51	0.00	247.48	0.00	0.00
Wages	0.00	1,967.50	0.00	3,235.00	0.00	0.00
SUTA	0.00	13.59	0.00	22.36	0.00	0.00
Payroll Expenses - Other	0.00	0.00	0.00	0.00	0.00	0.00
Total Payroll Expenses	0.00	2,131.60	0.00	3,504.84	0.00	0.00
Postage	0.00	0.00	0.00	0.00	0.00	0.00
Professional Fees	0.00	0.00	0.00	250.00	0.00	0.00
Rent - Building	0.00	0.00	0.00	0.00	0.00	0.00
Rent - Equipment	0.00	0.00	0.00	0.00	0.00	0.00
Repairs & Maintenance	0.00	0.00	0.00	0.00	0.00	0.00
Supplies	0.00	29.96	0.00	0.00	0.00	0.00
Telephone	0.00	0.00	0.00	16.39	0.00	0.00
Training	0.00	0.00	0.00	0.00	0.00	0.00
Travel	0.00	0.00	0.00	0.00	0.00	0.00
Utilities	0.00	0.00	0.00	0.00	0.00	0.00
Vending Supplies	0.00	0.00	0.00	0.00	0.00	23.79
Website	0.00	0.00	0.00	0.00	0.00	0.00
Youth Activities Expenses	0.00	0.00	0.00	0.00	0.00	0.00
Total Expense	0.00	2,473.08	0.00	4,027.48	76.72	226.61
Net Ordinary Income	40.00	3,103.26	70.00	-4,027.48	-76.72	128.37
Net Income	40.00	3,103.26	70.00	-4,027.48	-76.72	128.37

12:43 PM

08/19/22

Cash Basis

UPRIVER YOUTH LEADERSHIP COUNCIL
Profit & Loss by Class
 July 2022

	YAB	TOTAL
Ordinary Income/Expense		
Income		
Fundraiser	560.00	10,229.00
Donation	0.00	220.00
Grants	0.00	8,150.34
Vending Machine	0.00	354.88
Total Income	560.00	18,954.22
Expense		
Advertising	0.00	377.62
Mileage	0.00	252.14
Contract Labor	0.00	1,507.50
Bank Charges	0.00	20.00
Cleaning & Maintenance	0.00	15.00
Dues & Subscriptions	0.00	120.50
Fuel	0.00	1,314.92
Fundraiser Expenses	229.94	1,288.20
Gifts	0.00	800.00
Insurance	0.00	823.00
Licenses & Permits	0.00	556.91
Meals	0.00	4,966.10
Office Supplies	0.00	198.50
Payroll Expenses		
FICA	0.00	3,634.06
Wages	0.00	47,504.30
SUTA	0.00	328.22
Payroll Expenses - Other	0.00	0.00
Total Payroll Expenses	0.00	51,466.58
Postage	0.00	170.92
Professional Fees	0.00	992.00
Rent - Building	0.00	1,650.00
Rent - Equipment	0.00	1,475.05
Repairs & Maintenance	0.00	264.81
Supplies	0.00	5,501.44
Telephone	0.00	49.67
Training	0.00	799.16
Travel	0.00	12,477.88
Utilities	0.00	939.34
Vending Supplies	0.00	23.79
Website	0.00	6,435.00
Youth Activities Expenses	0.00	18,001.44
Total Expense	229.94	112,487.47
Net Ordinary Income	330.06	-93,533.25
Net Income	330.06	-93,533.25

Kamiah Referral Report

Caitlin Densberger <intake@abmhealthservices.com>

Fri, Aug 5, 2022 at 8:25 AM

To: Patrick Fithen <patrickf@abmhealthservices.com>, Michael Cooper <michaelc@abmhealthservices.com>, upriverylc@gmail.com

Cc: Kai McMinn <kaim@abmhealthservices.com>

Hello,

Please see below for the report for July. If you have any questions, please let me know.

Month: July

Referral #'s for month: 1

Intake #'s: 1

Current # Youth being served: 5

Current # Adults being served: 3

Current # Families being served: 7

Best,

Caitlin



A BODY & MIND
HEALTH SERVICES, LLC



Caitlin Densberger | Intake Coordinator

509 S. Middleton Rd. | Middleton, Idaho 83644

148 South Cole Road | Boise, Idaho 83709

213 N Main Street Suite 1B | Moscow, Idaho 83843

208.683.8320

intake@abmhealthservices.com | www.abmhealthservices.com

CONFIDENTIAL COMMUNICATION

This electronic message and any attachments are intended only for the use of the addressee identified above and may contain information that is privileged, confidential and prohibited from disclosure under state and federal law, including the Health Insurance Portability and Accountability Act ("HIPAA"). If you are not an intended recipient, or the employee or agent responsible for delivering this e-mail to the intended recipient, you are hereby notified that any dissemination, distribution or copying of this communication is strictly prohibited. If you received this e-mail message in error, please immediately notify the sender by replying to this message or by telephone. Thank you.